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Gender



An inverted nipple (turned inward) or discharge from the nipple, especially if bloody, can be a sign of breast cancer

'She's That Girl' initiative equips girls for leadership

By **Jemima Okang Addae**

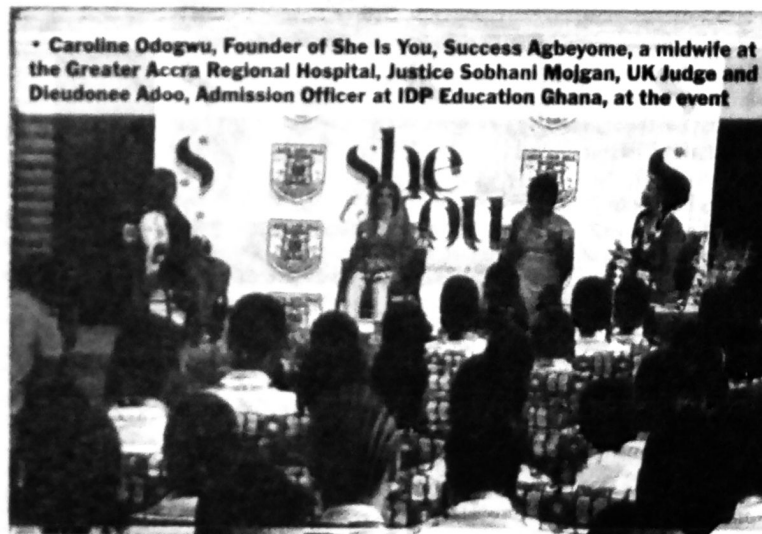
THE Founder of She Is You, a UK based not-for-profit organisation, Caroline Odogwu, has organised the "She's That Girl" initiative to empower young women and girls by recognising their untapped potential and preparing them for future leadership.

Speaking at the event last Thursday, Ms Odogwu said the programme sought to help girls believe in their abilities and unlock the skills needed to thrive in life and leadership.

"We recognise that the girl child is very, very important. When we believe in a child, that she can thrive and has what it takes to succeed in life, she can do fantastic things in the world," she said.

The initiative focuses on building critical skills such as communication, self-leadership, and identification of personal strength, guided by the belief that every girl can contribute meaningfully to society.

Ms Odogwu explained that "She's That Girl" goes beyond motivation by establishing practical, sustainable support systems. These include forming peer communities within schools,



• Caroline Odogwu, Founder of She Is You, Success Agbeyome, a midwife at the Greater Accra Regional Hospital, Justice Sobhani Mojgan, UK Judge and Dieudonnee Adoo, Admission Officer at IDP Education Ghana, at the event

providing interactive workbooks for actionable learning, and fostering long-term partnerships with educational institutions to ensure continuous mentorship and development.

She said the programme's approach was holistic, supporting girls through their journey from adolescence into professional womanhood.

A key feature of the initiative was its digital empowerment component, which focuses on equipping girls with innovation and technology skills,

particularly in emerging fields such as Artificial Intelligence (AI). The goal, she said, was to create a generation of digitally literate and confident female leaders capable of shaping their own futures.

Panel discussion

Held on the theme "Skills for the Future," the event featured workshops, mentorship sessions and panel discussions designed to build

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confidence, self-belief and purpose among participants.

Panelists included New York Judge, Justice Mojgan Sobhani, a registered midwife at the Greater Accra Regional Hospital, Success Agbeyome and Admission Officer at IDP Education Ghana, Dieudonnee Adoo, who shared insights from their professional experiences.

Speakers encouraged participants to embrace confidence, humility and self-awareness as vital tools for personal and professional success. They urged young women to pursue their dreams boldly, confront fear and self-doubt and remain authentic in their journeys.

The panel also warned against self-comparison, particularly in the age of social media. "Everyone's journey is unique," said Ms Agbeyome. "Comparing yourself to others only distracts you from your purpose."